

Diabetes Philippines – Lay Forum

February 17, 2017 (2pm –6:15pm)
Nersta's Hilltop Hotel, Roxas City

Theme: **Diabetes at Komplikasyon**

Scientific Chair: Francis I. Pasaporte, MD, MS

Program Host: Leyden V. Florido, MAN, RN

Objectives:

At the end of the 4 hours, the participants will be able to increase their knowledge about diabetes and how to prevent its complications and some aspects of management.

Specifically:

1. Recognize what type of diabetes mellitus they have
2. State the different complications of diabetes
3. Appreciate the importance of glycemic targets and other values necessary in managing diabetes
4. Discuss different household measuring tools for food.

February 17, 2017 (Friday) Roxas City		
Time	Topic Outline	Speakers
2:00 – 2:30	Pagpapatala c/o Local Chapter Panalangin c/o Local Chapter Awit: Lupang Hinirang c/o Local Chapter Panimulang pananalita Hataw at Galaw sa Araw-araw c/o Diabetes Educators Local Chapter	Rommel C. Mosquete, MD
2:30 – 3:30	Ano nga ba ang Diabetes at paano maiiwasan ang Komplikasyon?	Francis I. Pasaporte, MD
3:30 – 4:00	PAAno ka aalagaan?	Leyden V. Florido, MAN, RN
4:00 – 4:30	BATong Dapat Iwasan	Agnes T. Cruz, MD
4:30 – 5:00	MATAng Mapanuri	Eleonore B. Iguban, MD
5:00 – 6:00	Mga panukat ng pagkain sa ating tahanan (CHO, CHON & Fats)	Jennina A. Duatin, RND
6:00 – 6:15	Pangwakas na pananalita	Agnes T. Cruz, MD